

# Level One coach training

## Powerful Conversations



### Overview

This programme helps you to strengthen the quality of your everyday conversations with colleagues, students or parents. Our Powerful Conversations framework and tools help you to create genuine two-way dialogue and intentionally make the most of 'coaching moments'.



### Learning objectives

- Understand how to build connection and trust with a wide range of people
- Learn how to appreciate others' perspectives
- Gain greater awareness of when to speak and when to listen
- Use more open questioning to support others to grow
- Become more confident and competent in giving effective feedback
- Learn how to make the most of corridor conversations



### Who is this for?

The programme is popular with school leaders at all levels, and teachers seeking to improve their communication skills.

### Key content

- See Hear Speak
- Perceptual positions process
- Playback and mirroring
- Four levels of listening
- Powerful questions
- [www.ebi](http://www.ebi) and AFIRM

#### 1-TO-1 COACHING

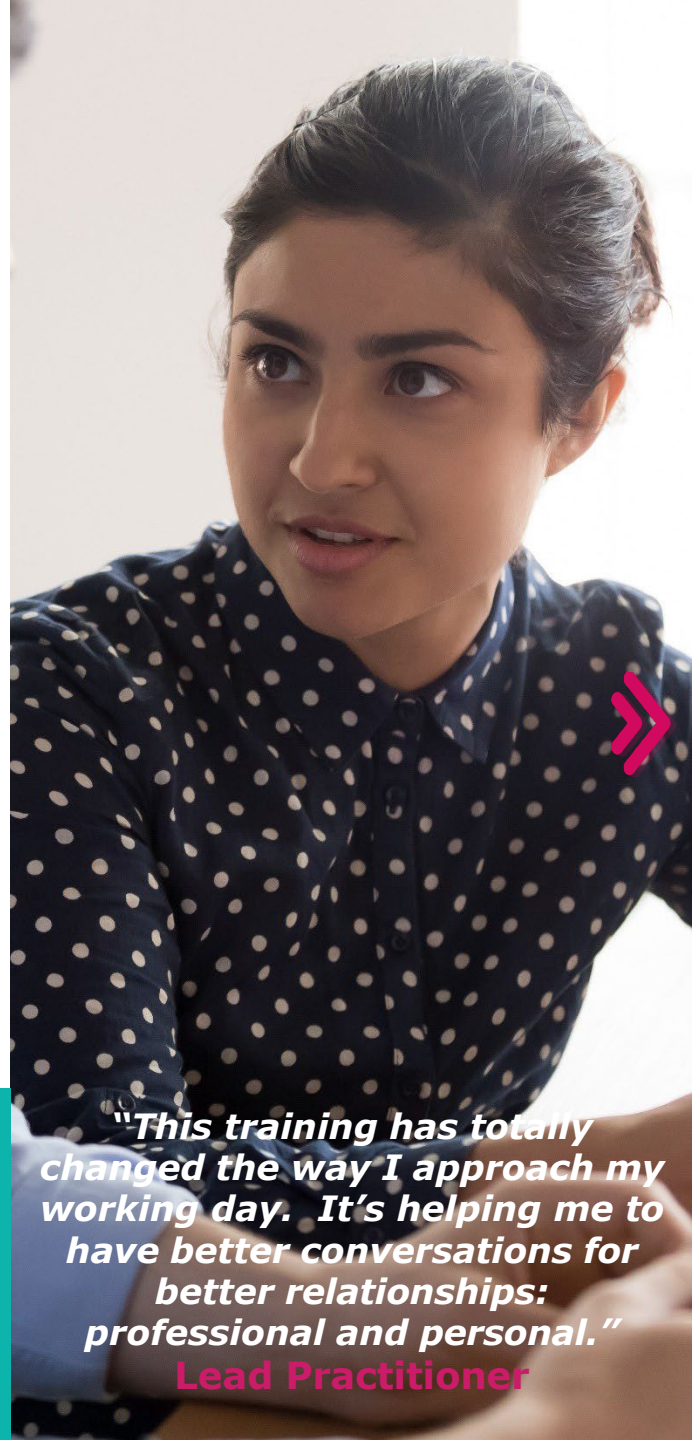
Personal leadership coaching including four coaching sessions with a professional coach plus online learning  
£700 + VAT (4x60 mins)

#### GROUP COACHING

Collaborative learning experience including four 90 mins sessions via Zoom plus online learning  
£1580 + VAT for 6 participants

#### WORKSHOP

Interactive learning day for 25 people  
(in person or virtual)  
£1825 +VAT + expenses



***"This training has totally changed the way I approach my working day. It's helping me to have better conversations for better relationships: professional and personal."***  
**Lead Practitioner**