

Level One coach training

Powerful Conversations



Overview

This programme helps you to strengthen the quality of your everyday conversations with colleagues, students or parents. Our Powerful Conversations framework and tools help you to create genuine two-way dialogue and intentionally make the most of 'coaching moments'.



Learning objectives

- Understand how to build connection and trust with a wide range of people
- Learn how to appreciate others' perspectives
- Gain greater awareness of when to speak and when to listen
- Use more open questioning to support others to grow
- Become more confident and competent in giving effective feedback
- Learn how to make the most of corridor conversations



Who is this for?

The programme is popular with school leaders at all levels, and teachers seeking to improve their communication skills.

Key content

- See Hear Speak
- Perceptual positions process
- Playback and mirroring
- Four levels of listening
- Powerful questions
- www.ebi and AFIRM

1-TO-1 COACHING

Personal leadership coaching including four coaching sessions with a professional coach plus online learning
£700 + VAT (4x60 mins)

GROUP COACHING

Collaborative learning experience including four 90 mins sessions via Zoom plus online learning
£1660 + VAT for 6 participants

WORKSHOP

Interactive learning day for 25 people
(in person or virtual)
£1915 +VAT + expenses



"This training has totally changed the way I approach my working day. It's helping me to have better conversations for better relationships: professional and personal."

Lead Practitioner