

# Leadership Workshop + follow up



## Overview

This popular programme format enables participants to come together for a one-day leadership workshop, providing a shared learning experience around a priority area. There are five workshops to choose from:

**Develop your Personal Leadership:** Get clear on how you want to lead, what holds you back in your leadership and how to engage others.

**Powerful Conversations:** Explore how to lift the quality of your everyday conversations through engaging in See Hear Speak - building rapport, listening deeply and using targeted questioning.

**Coaching Conversations:** Learn how to develop talent in others by tapping into your natural coaching style.

**Giving Feedback:** Become more confident in giving feedback, learn a structured framework for giving non-judgmental feedback and practise handling difficult conversations.

**From Surviving to Thriving:** Reflect on how you currently handle the pressures of the job, explore the 'Mindtraps' that limit your personal effectiveness and learn new strategies for dealing with stress.

Participants leave the one-day workshop with clear commitments on how they plan to apply their learning. Several weeks later, they reconvene either as a whole group for a follow-up webinar or in group coaching pods of 8 participants to discuss their experiences and consolidate their learning. Further webinars or group coaching sessions offer the opportunity to take a deep dive into related leadership modules to broaden and extend participants' learning.

## WORKSHOP + FOLLOW UP

A one-day workshop for 25 people can be followed by either whole group webinars or group coaching pods.

£3250 + VAT + expenses for one day workshop plus 3\*60 mins follow-up webinars

£5650 + VAT + expenses for one day workshop plus 3\*90 mins group coaching sessions with online learning (assumes three small groups of 6-8)



*"The level of trust that developed very quickly within the group was amazing and ensured that participants were open and present throughout. The facilitation was excellent."*

**Director of Education**