

Student Leadership



Overview

Our student leadership programme helps young people to become more aware of themselves as individuals – their core values, their thoughts and their feelings – and offers some practical strategies to increase their growth mindset, resilience and personal agency.



Learning objectives

Module 1: Finding your Spark

- Get clear on what really motivates you
- Become curious about your future

Module 2: Keeping your Spark

- Realise how important your mindset is, and what holds you back right now
- Learn how to stay energised and resilient despite setbacks

Module 3: Sharing your Spark

- Create your new 'winning formula' and set your personal goals
- Build your support network



Who is this for?

Young people, typically Years 8-12. The programme can be delivered for whole year groups or for selected groups.

Key content

- Growth mindset
- Check, Challenge, Choice process to manage your state
- Mindtraps
- Core values
- Winning formula



**"Excellent life skills;
motivational; something
a bit different!"**

Head of Year 9

PROGRAMME DELIVERY

This programme is typically delivered via a Train-the-Trainer model. We offer intensive training to teacher(s) in your school and then provide the necessary resources (teachers' guide and student workbooks) for your teacher(s) to roll out the programme to students in your school. *Pricing on request*