

# Flexible Coaching



## Overview

Everyone's context is unique, so it's no surprise that flexible programmes are our most popular offer.

Simply choose your first module (or ask us for advice!) and get started immediately. Most people request programmes spanning 2-3 modules.

Every module can be delivered by our coaches through 1-1 coaching, group coaching or a workshop.

## Learning objectives

33 modules are available, offering a chance for you to widen your skillset and gain new strategies in...

- *Relate* – critical people leadership skills
- *Be* – emotional intelligence, confidence and resilience
- *Inspire* – motivating yourself & others
- *Think* – leading school improvement



Each of these modules is available as 1:1 coaching, group coaching or a workshop.

## 1-TO-1 COACHING

Module comprises two coaching sessions with personal coach & online learning

£350 + VAT (2x60 mins sessions)

**Over 99% of those we coach say they have changed their leadership as a result**